

Just Be—CAUSE

THANK YOU FROM CHICAGO

Just a little Thank You to all our volunteers and everyone who attended our 10th annual

“CAUSE for Dinner— Chicago Style”

It would not have been a success without you!



Cookbook Corner....

BIKINITINI'S

2c Smirnoff Vodka

1c Absolute Vodka

1c Malibu Mango rum

1 fresh pineapple sliced

2 (24oz) jars with lids

Mix alcohol and pour in jars over sliced pineapple. Put lids on and store in cool dry place for 5 days. Serve straight up or on ice with a Curly-Q of lemon.

Enjoy!

Thanks to ORDSW
Kim Thana Souras

GOLFING SEATTLE STYLE

This summer will mark the 10th annual “Golf for CAUSE” tournament in Seattle. Once again, it will be held at the Snoqualmie Falls Golf Course on

July 16th, 2009.

This tournament has room for 18 teams of 4. Please book early as it usually fills up. In the past active and retired UAL flight attendants and pilots, CSR's and friends of friends, airline and non-airline, even some from Alaska Airlines have enjoyed this event. Make sure to send in your entry early as we have many return players and your don't want to miss out. In the past teams have been very creative with their names such as “The Slice Girls”, and “The Profanities”. The cost is \$65 per person and everyone is required to bring in a raffle item. As

each team checks in they can see what they are playing for. They sell waters, mulligan's, raffle tickets and various donated items before the teams tee off.

It is a scramble, with the first team teeing off at 11 am, then every 8 minutes another team, finishing 18 holes.

Around 5:30 pm when the last team trickles in, there is a BBQ dinner out on the deck with lots of food, drinks and socializing.

Prizes will be awarded for Men's, Women's and Mixed 1st place, as well as high score, longest drive, & closest to the pin. Prizes come from the raffle table with each team going up to pick out their prize. Once the winner have finished, the raffle begins. Just about everyone goes home with something.

Retired Flight Attendant,

Marge Walker, started this tournament 10 years ago for SEASW. She turned it over to Debra Trainer 3 years ago.

It is a long day, but a good time had by all! Everyone feels good at the end of the day, whether they had a good or bad game, because they know it was all for a good CAUSE! The tournament brings in about \$3000.00 per year.

Please contact Debra Trainer in SEASW if you are interested.

SILENT WHEELS

Flight Attendant suitcase wheels, making them quieter and easier to maneuver thru the airport..

For every \$35.00 they charge, \$5.00 goes to The CAUSE Foundation. So actually, this is also a Thank You to all of you that have had your wheels

changed by Will and Kevin!

THANK YOU!

The CAUSE Foundation®

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MISSION STATEMENT

The CAUSE Foundation® was established in 1994 by Flight Attendants for Flight Attendants. Our mission is to assist United Airlines Flight Attendants and their families worldwide who are in financial distress due to illness, injury, disability or death. The CAUSE Foundation® helps families maintain their dignity when faced with loss of income or overwhelming medical bills.

We're on the web
www.thecausefoundation.org

WHATS NEWS.....

Summertime is a quiet time for our volunteers, a time when we all are spending the beautiful summers with our families and friends. Fundraising is quite slow for us, but will pick up come the fall. But here are a few of the "HAPPENINGS" that are going on around the system.

SEASW Debra Trainer and her "Golf For CAUSE"
July 16,2009 at the

Snoqualmine Falls Golf Course.
Debratrainer@aol.com

DENSW...
Stef Wilson's Annual "Scarves For CAUSE"
We are now accepting your beautiful hand knit scarves and other knitted items. Please include your name and domicile with your donations so that we may send a Thank You!
A basket has been set up behind the coordinators desk in Denver.

THANKS!

DCASW Unfortunately, we regret that we had to cancel our "Dinner Cruise on the Potomac." Please contact our office for any questions. We are looking for volunteers to help us out in DCA. Please contact Cathy DiGiovanni if your are interested! THANKS for your help!